



Challenge Tires London & South East Cyclo-Cross League Round 1 and Aeight bike co Sussex League Round 1

Sunday 1st September 2024

**Stanmer Park,
Lewes Road,
Brighton,
BN1 9SE.**

<https://what3words.com/cheek.delay.stone>

Technical Manual. Class – British Cycling Category B

1. Introduction

After a few years away it is with great pleasure that we return to Stanmer Park, the traditional start to the Cyclo Cross Season in the South East, and Round 1 of the Challenge Tires London and South-East Cyclo-Cross League. This is also Round 1 of the A EIGHT BIKE CO Sussex League, so it's a great opportunity for a good start in both leagues.

IMPORTANT - The Parking and Sign-On will be in a different location to previous races, so if you have ridden here before don't go to the old car park or sign on location in Stanmer Park! The event location is in The University of Sussex/s campus in Falmer and is accessible from the A27 heading east or west bound. We have free parking for the event on the university site and we are using CAR PARK 7. The what3words location is /cheek.delay.stone. Also look for our event signage. There is a height restriction of 2.1 metres for the multi story (no roof racks!) and an unrestricted height "flat" car park with 90 spaces so non-restricted spaces are slightly limited. So please park in the multi-storey if your vehicle will fit.

ALSO IMPORTANT! We have an area of the venue that is reserved for the University use. It's one of the conditions for us using this space, so please respect this and follow our polite requests for no bikes in the zone and definitely no riding, warming up, or bike washing! It will be signed and will be double taped. Our course goes around the zone. The University is happy for foot spectators to be in it but let's be really respectful.

As always with parkland CX, the area is open to the public and is very popular for walkers, horses, dogs and families enjoying the park. We will have marshals on the course and looking after key areas where the course crosses main paths. there will be some crossing points on the course to enable access across it for uses and people participating. Please only these places to cross the course.

2. About the course

It was pre-pandemic the last time we raced here and the tough course has always been popular with riders due to the balance of climbing, sweeping grass sections and twists and turns in the wood. If you're new it's a great introduction, if you're experienced it's a great return to CX after the Summer, and for everyone it's a great fun circuit with plenty of achievable challenges.

Equipment Pits

Please only access the Equipment pits if you are supporting a rider.

We will have a double pit on the course defined by yellow flags, this will be located close to the Start/Finish area. Servicing and the changing of bicycles will only be allowed in these pits. A rider may only take the pit lane with the intention of changing a bicycle, wheel or receiving mechanical assistance.

We would really appreciate it if all competitors and supporters show great care to ensure that equipment is placed in a manner that allows free movement through the pit area/s.

When holding a bike for a rider please make sure that you do not impede another helper or rider.

We rely upon you to self-police the pits rather than place the burden on the already very busy commissaires. The commissaires may be there in attendance to provide guidance and direction.

If you are planning to have a spare bike then we advise you purchase a spare bike number as this has the timing chip in it. If you use a bike without one then you go invisible to the timing system and it relies on manual scoring and a clever process in the timing software that predicts your position in the race, however this has to be manually verified and slows down confirming a result for the prize presentation.

We also ask that riders only place their equipment in the pits just before their race and not whilst another race is still on to avoid congestion.

3. Travelling to the event

If travelling by Train.....Brighton Main Station is approx 3.8 miles from the venue.

By Car..... The event location is in The University of Sussex campus in Falmer. It is accessible from the A27 heading east and west bound.

4. Sign on

Sign on is through the car park and is located at the "top" of the course. This position gives a great view over the park and our course.

All riders must have their race numbers attached to their bike for the practice sessions

Please collect your race number pack from Sign on. You will need to keep these and bring them every time you race in this year's league.

We suggest you allocate 5 minutes to set up the number pack and timing chip. Riders are not required to sign anything, and are to use their race number for all events in the League and the Regional Championships. Riders will be confirmed at the event by the timing system picking up their timing chip at the start of the race. This means that you will not have to revisit sign-on at any other event you enter in advance once you have your race number pack.

If you have ordered a 2nd bike number, follow the same process as above.

If you have forgotten your numbers, you will need to visit the timing tent and collect a 'Bib of Shame' which you must return after your race. This will be your race number for the day only.

Return of last year's number pack

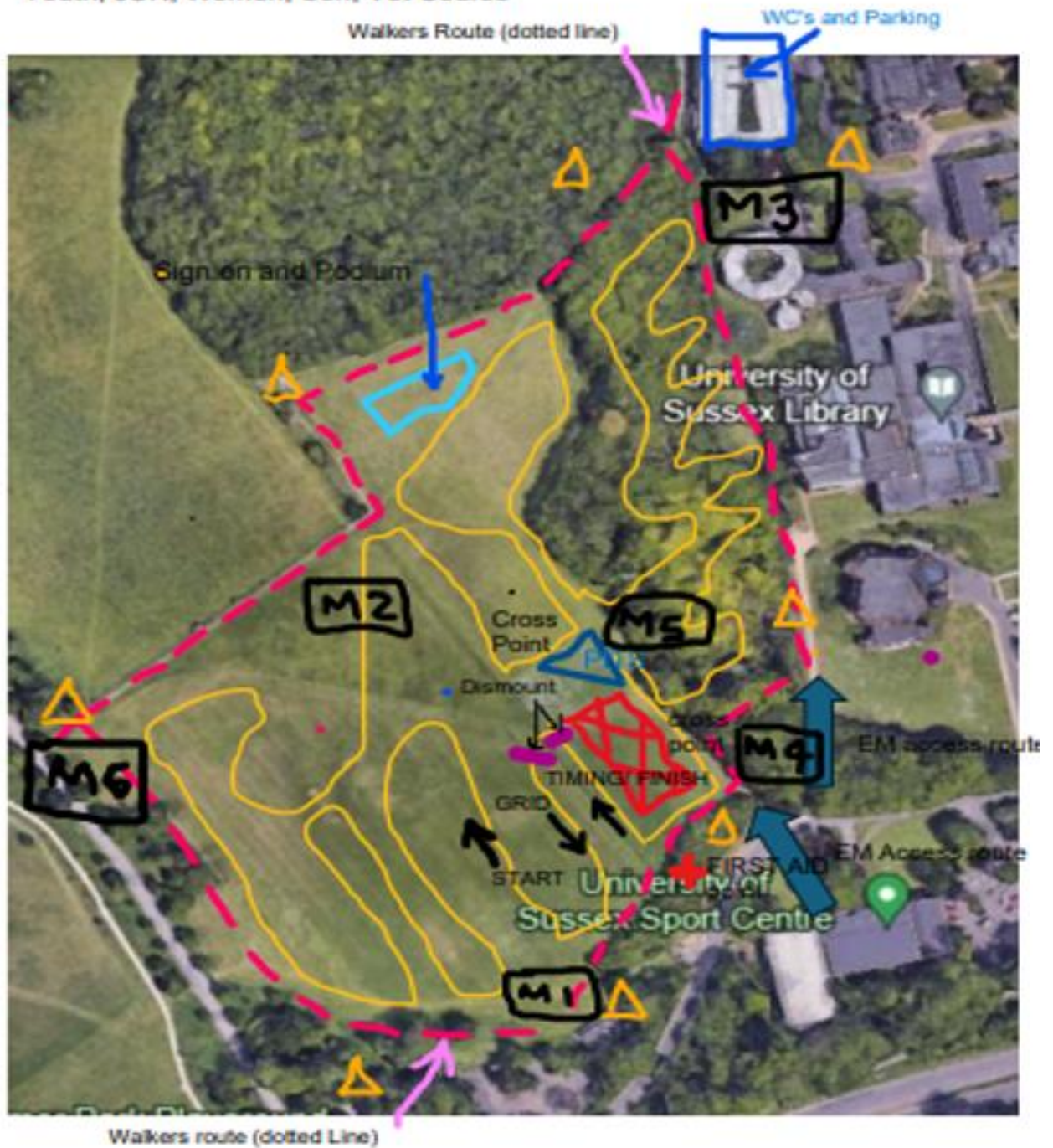
In our drive to keep costs down to you as riders and recycle equipment as much as possible, we really would like you to return your number tail fins and jersey numbers from previous seasons. There will be a marked crate at Sign on for you to do this.

5. Toilets

Portaloos will be situated in the car park.

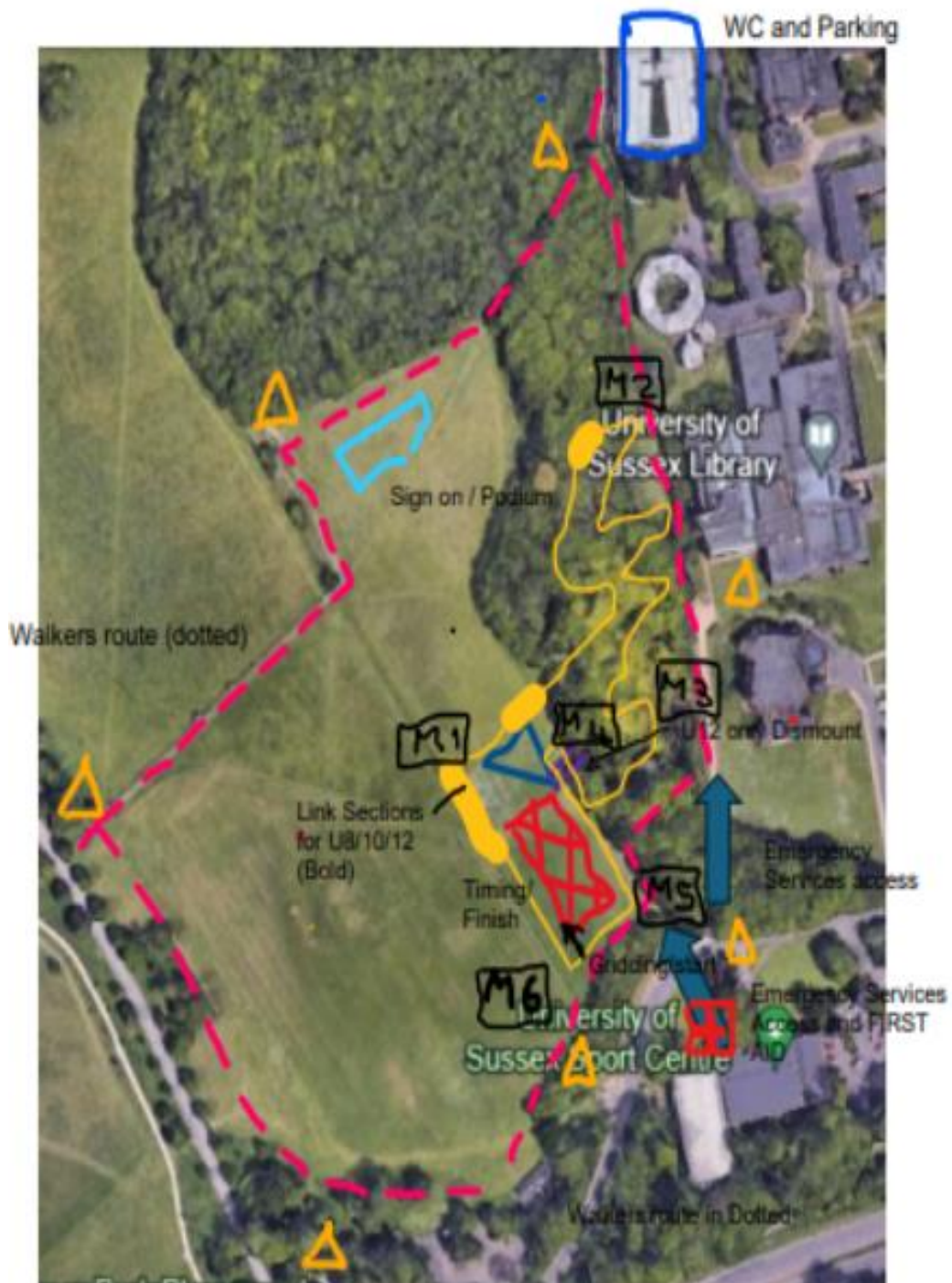
6. Course map Full

VCJ/BECC Stanmer CX 1/9/24
Youth, JUN, Women, Sen, Vet Course



No Go area for race
Uni frisbee zone

Under 8/10/12 Course



 Event No Go area
uni frisbee zone

Please note the pits are only shown for reference, they are not open during the U8/10/12 races.

7. Catering

There is no water on site and the venue has no accessible water supply for us so please bring sufficient water for the day and any cleaning you may need to do - please keep any bike washing to grassy woody areas and again be respectful - don't leave mud in the car park please. There will be some refreshments provided by the amazing VC Jubilee volunteers. The refreshments will be supported by generous assistance from Jeremys of Henfield and Jeremy's 2 Green Grocers.

8. Parking

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9. Event Officials

Event Organiser – James Stone

Chief Marshal – Ben Rodgers

Chief Judge – Dave Gerry

Timekeeping – LCCA Timing Team (Richard Hayes)

British Cycling Chief Commissaire – Chris Clague

British Cycling Commissaire 2 – Stuart McGhee

British Cycling Commissaire 3 – Peter Lloyd

Course Design – Stone/Hodge/Gerry

First Aid Provider – Collingwood Medical Services

Governing Body – British Cycling

10. Race Programme and timetable

Important note. We have changed the race schedule from last year.

Race	Gridding	Race Start	Duration
Practice 1 U8/10/12 (Short Course Only)	9am to 9.15am		
Under 10	9.15	9.20	10 mins
Under 8 (Line up behind the U10)	9.15	9.20	10 mins
Under 12	9.35	9.40	15 mins
Practice 2 (Full Course)	10am to 10.35am		
Under 14/16	10.35	10.40	30 mins
Junior + V40 Open	11.20	11.30	40 mins
Female (All Cats)	12.20	12.30	40 mins
Practice 3	13.20 to 13.45		
Vet 50/60+ Open	13.45	13.50	40 mins
Senior Open	14.40	14.50	60 mins

Practice times – Please note that course open times are provisional as dependent on lap times and conditions. Please look for the green course open and red closed flags for accurate info on when you can get on course.

Gridding – Gridding will be created for each event race and advertised on the league results website and Facebook page before the event, any queries in gridding may be raised on Friday via email as posted on the results site. Please visit the London and South East Cyclo Cross League Website [rules section](#) for a full explanation of how the gridding has been created.

11. Podium Presentation times and results

Podium Presentation	
J8/10/12 (18)	10.15
Youth (12)	11.45
Vet 40/Jun Open and All Female Categories (24)	13.30
Vet 50/60+ Open (6)	15.00
Senior/U23 Open (6)	16.00

Results

Race Results and overall league tables will be published online as soon as feasible after each race. Race queries can be made up to 6pm on the Tuesday after each race by emailing admin@londonxleaguereults.co.uk. Once finalised, the results will be sent to BC to update the events page and allocate national rankings points.

12. Technical Regulations

The event is run under the rules of the British Cycling Federation

https://www.britishcycling.org.uk/cyclocross/article/bcst_rulebook_and_constituton?c=EN

London and South East Cyclo Cross rules and info on league available here

<http://www.londonxleague.co.uk/rules/>

Results will be published on the London and South East Cyclo Cross website and Facebook pages pretty much on the day of racing

Any queries on results please visit here for info how to do this

admin@londonxleaguereults.co.uk.

13. First Aid and local hospitals

First Aid is provided by:

Collingwood Services Ltd (part of the Collingwood Group)

Suite 5, Minton House

Amesbury Distribution Park, London Road

Amesbury SP4 7RT

Tel - 01980 623 820

admin@collingwoodservices.co.uk

Local Hospitals:

Royal Sussex County Hospital,

Eastern Road,

Brighton,

BN2 5BE.